



Norfolk Sheriff's Office

And Fallon Ambulance Service

Are You Okay? Program



"Security and independence are important to senior citizens. The 'Are You OK?' program provides senior citizens with an extra blanket of security and helps them gain confidence and continue to live a lifestyle they are accustomed to. In sort, this safety initiative can improve the quality of life for many seniors."

-- Sheriff Michael G. Bellotti



Sheriff Bellotti's "Are You OK?" is a computerized telephone reassurance program operated in partnership with Fallon Ambulance Service. Senior citizens who sign up for the free service receive a phone call at the same time every day.

The service provides a person with the comfort and security needed to maintain personal independence. It also assures family and friends - who can't always be there - that their loved ones are okay.

Calls are received daily at a time chosen between 6 a.m. and noon. All calls are monitored by an "Are You OK?" representative. When the call comes in, the person answers and hears a recorded voice asking, "Are you OK?".

The person may answer "yes" and simply hand up. If something is wrong, the person should say "no" and the "Are You OK?" representative will pick up the phone to find out the problem and take the appropriate action.

If a person does not answer the call, the computer automatically places a second call in five minutes. If there is still no answer, the "Are You OK?" representative will call a designated family member or friend to inform them.

In some cases, the "Are You OK?" representative will contact local police and ask them to go to the person's home. If a person plans on being away, a simple phone call to the "Are You OK?" hotline at 1-866-900-RUOK (7865) will discontinue the calls and reactivate them when the person returns.

"Are You OK?" provides peace of mind with one phone call a day

- Reliable, daily phone call gives you confidence to maintain an independent lifestyle.
- Daily contact reassures family and friends who care about you.
- It's flexible! Subscribe permanently or for brief periods – for example, after a hospital stay.
- No equipment to purchase, no special codes, NO COST to you!

Contact Information: "Are You OK?" Program Fallon Ambulance Service / NCSO

Attn: Cheryl Bambery, Officer
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Phone: 1.866.900.7865 | Fax: 617.745.9997