

# NORFOLK COUNTY SHERIFF'S OFFICE

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## **“Are you OK?” A call from the Norfolk County Sheriff’s Office helps save an 80-year-old woman facing an emergency at home**

DEDHAM, MA – The simple question “Are you OK?” resulted in a big save for the Norfolk County Sheriff’s Office on Thursday.

“Are you OK?” is a free program run by the sheriff’s office that offers calls to residents of Norfolk County who live alone and could use a check-in related to their health or well-being.

During Thursday morning’s calls, an 80-year-old woman from Canton did not answer when Officer Cheryl Bambery from the sheriff’s office called to check in. Officer Bambery called her two more times after that, and on the third call the woman answered.

Officer Bambery asked her “Are you OK?” and the woman said she had previously fallen while coming down some stairs. “I am on the ground, and I cannot get up. I don’t think I hit my head, but I hurt my shoulder,” she said.

Officer Bambery stayed on the phone with her and called police in Canton to get help to her. The woman was then taken to the hospital to get some care.

“I want to thank Officer Bambery for her quick action and compassion,” said Sheriff Patrick W. McDermott. “The ‘Are you OK?’ program is a proven lifesaver and this is not the first time that our calls have helped a person in need. I urge anyone who could benefit from these calls to register with our ‘Are You OK?’ program.”

Norfolk County residents interested in signing up for the program can call 1-866-900-7865.

More info here: <https://norfolksheriff.com/divisions/senior/areyouok>

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