



TRIAD NEWSLETTER

MICHAEL G. BELLOTTI
NORFOLK COUNTY SHERIFF



Volume 1 | Issue 22 | Fall 2017

MESSAGE FROM SHERIFF BELLOTTI

Hello Everybody,

I hope everyone has enjoyed leaf peeping, pumpkin carving and other fall activities. With the holidays fast approaching, please take some time out from your busy autumn schedule to read this edition of the TRIAD Newsletter.

Our Community Outreach is an extension of the Norfolk County Sheriff's Office. We are devoted to our community programs, specifically for our youth and the elderly. Working at the invitation of and in collaboration with, local town officials, fire chiefs, police chiefs, councils on aging and schools, we seek to develop programs targeting the needs of local communities. These initiatives allow towns to offer additional services they may not otherwise be able to provide on their own.

Please be sure to view our Bulletin Board for TRIAD program signup dates and times. In this edition we have also included a fire safety checklist. As the fall and winter heating season begins, it is important to take the necessary fire precautions to avoid fires in our homes.

DISTRACTED DRIVING



Students from Millis High School participated in Norfolk County Sheriff Michael G. Bellotti's new Distracted Driving "Paving the way for better drivers." program. Sheriff Bellotti is dedicated to educating drivers about the dangers of Distracted Driving through the use of our drive square simulator.

This allows drivers the use of actual vehicle to "drive distracted" in a "Virtual World." Texting and driving is the most alarming distraction. Sending or reading a text takes your eyes off the road for 5 seconds. At 55 MPH, that's like driving of an entire football field with your eyes closed. The overall experience "was intimidating" said junior from Millis High School. "I never text and drive".

CLICK LINKS BELOW TO VIEW

- ▶ N.C.S.O. Community Programs
- ▶ Public Safety Partnerships
- ▶ National Triad Association
- ▶ Massachusetts Elder Affairs
- ▶ U.S. Postal Inspection Service
- ▶ Social Security Website
- ▶ National Institute on Aging
- ▶ Attorney General's Office



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TRIAD PROGRAMS

Files of Life

Files of Life Package that contains a person's vital medical information, listing all medications a person uses and all special health conditions he or she has. Allows paramedics and EMTs to administer treatments quickly.

Are You OK ?

Is a FREE daily telephone program that checks on the well-being of senior citizens or people with disabilities. You will receive a daily call to ask, "Are You OK?" This program allows you the comfort and security needed to maintain personal independence and gives you piece of mind.

Yellow Dot

Is a motor vehicle safety program that provides emergency first responders with quick access to critical medical information and protects the occupants of an automobile in the event of an accident and/or health emergency via a yellow decal that is placed on cars.

Senior ID

A safety initiative for the seniors. Those who wish to take part in this program will be supplied with a secondary form of identification, free of charge, by the Sheriff's Office in conjunction with local TRIADS and Councils on Aging.

SafetyNet

Search and rescue program for people with Alzheimer's and other cognitive impairments. People enrolled in the program wear electronic bracelets around their wrists and ankles, emitting individualized tracking signals so that public safety agencies are able to quickly identify and locate the missing person.

Speakers Bureau

Features experts from various fields who offer useful and interesting information to Norfolk County residents. The speakers, available free-of-charge through the TRIAD program, talk to local councils on aging and other civic groups interested in learning more about a variety of public-safety, health and human-interest subjects. Speakers have included representatives from the Massachusetts RMV, United States Postal Inspectors and many others.



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YELLOW DOT DATES



BELLINGHAM

Date: Thursday, December 7, 2017

Time: 11:00 a.m.

Location: Bellingham Council on Aging

Address: 40 Blackstone Street

WALPOLE

Date: Wednesday, December 13, 2017

Time: 11:00 a.m.

Location: Walpole Council on Aging

Address: 135 School Street

DEDHAM

Date: Tuesday, January 2, 2018

Time: 1:00 p.m.

Location: Dedham Council on Aging

Address: 735 Washington Street

NORFOLK

Date: Wednesday, January 3, 2018

Time: 12:30 p.m.

Location: Norfolk Council on Aging

Address: 228 Medway Branch Road

Note: Yellow Dot is a national program that provides emergency first responders (Police, Fire, EMS) who arrive at automobile accidents to easily locate vital medical information about the crash victims.

HOW TO PREVENT FIRES AT HOME

Have your heating system serviced regularly by a professional, including chimneys from wood-burning fireplaces. Clean around heat sources and keep dust and other flammable items away from ignition sources.

Remove lint from your dryer filter after every use. A clogged filter and lint trap makes your dryer less efficient, reduces air circulation and forces lint onto the heating coils. Never let your dryer run when you are out of the house or when you're asleep.

Keep firewood, piles of leaves and trash away from the home. If a grass fire starts, these items next to your home could become kindling. Never dump hot ashes inside or near your home; keep them in a metal container away from your house.

Avoid using outlet extenders or plug-in power bars: they can quickly overload an electrical circuit. Replace old, damaged or frayed appliance cords, and never force a three-pronged plug into a two-slot outlet or extension cord.

Store containers of cooking oil away from the stove. When cooking with oil, never leave the stove unattended. To stop a grease fire, turn off the burner and place a lid on the pan to suffocate the flames, or pour on lots of baking soda. Never pour water on a grease fire or try to carry the pan outside; water splatters the grease and makes the fire bigger, and the pan will be much too hot to carry.

Be sure to properly extinguish smoking materials. Smoking materials that are not properly extinguished can smoulder undetected for days before igniting a fire. Never discard smoking materials on the ground or in plant pots.



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SENIOR I.D. DATES

RANDOLPH

Date: Tuesday, December 19, 2017

Time: 12:30 p.m.

Location: Randolph Council on Aging

Address: 128 Pleasant Street

HOLBROOK

Date: Thursday, January 11, 2018

Time: 10:00 a.m.

Location: Holbrook Council on Aging

Address: 9 Jewel Road Street

CANTON

Date: Tuesday, January 30, 2018

Time: 2:00 p.m.

Location: Canton Council on Aging

Address: 500 Pleasant Street

NORWOOD

Date: Monday, February 26, 2018

Time: 1:00 p.m.

Location: Norwood Council on Aging

Address: 275 Prospect Street

If you would like additional information on any of the articles featured in this newsletter, please contact:
TRIAD Director Joseph J. Canavan at 781. 751.3516
or e-mail: jcanavan@norfolksheriffma.org

Note: The Senior ID is a program provided by Sheriff Michael G. Bellotti in conjunction with local COA's and Triads. This ID provides seniors in Norfolk County with a free secondary form of identification.

